

# NEWSLETTER

## SHABBOS TIMES

Candle Lighting: 7:32pm  
Shabbos Ends: 8:33pm

## RIDE THE WAVE

Rabbi Mendy Niazov P.1-2

## AROUND CHEDER

P.4-6



## RIDE THE WAVE!

In the early 1960's there was a mass Aliyah of Jews from Morocco to Eretz Yisroel. One such Jew once came to the Baba Sali and confided that he did not have parnasa - and because he could neither read nor write, he was concerned he would never find a stable parnaso in Eretz Yisroel. The Baba Sali told him not to worry, and that his inability to read or write would ultimately help him land a job! Slightly confused, the Jew proceeded to set up job interviews, and at one such interview with a company called "Rafael", he mistakenly let his secret slip! He was so upset at himself, and wrote that interview off as a no-go. Sure enough, two weeks later he received the job offer! Little did he know, Rafael was actually a security company in Israel

that send him to grane papers , and for confidentiality purposes they specifically needed someone who couldn't read and write. When he dropped that piece of information they actually didn't believe him, but after seeing him hold the newspaper upside down while sitting on the couch in the waiting room, they decided he was the best-suited candidate for the job! As the month of Tishrei comes to a close, I can't help but reflect on the incredible, spiritually enriching journey we have all just taken together. Beginning with Selichos and Rosh Hashanah - serious, awesome days, set aside for reflection and introspection; the days leading up to and including Yom Kippur - days of deep soul-searching; and finally, Sukkos, joyous days, full of happy

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# Ride the Wave (Continue from P.1)

By Rabbi Mendy Niazov

and cheerful celebration. These days are opportunities to connect, to be inspired, and to become more in tune with our true inner selves, and ultimately, to lead more fulfilling lives. In Melbourne this year, we were blessed with beautiful weather for the first two days of Sukkos, when we were able to really enjoy the mitzvah of sitting in the Sukkah - until the raining commenced and 'flooded' our Sukkos. The weather contrast reminds me of a similar contrast we experience as the month of Tishrei ends and we return to 'regular' life. Coming from a place of the greatest spiritual ecstasy, and descending to the "lows" of plain, day-to-day routine. Sometimes that descent feels like a flood. Don't you ever think to yourself, "I'm drowning! I'm swamped, totally overwhelmed with life's demands!" Whether it's slaving away at a job, sinking into another large pile of bills, or worrying about the hundreds of big and even bigger things, each rightfully striving for your attention, how do you stay afloat? When the flood comes rushing at you, leaving in its wake a deluge on your "To Do" list, how do you cope? The Alter Rebbe speaks about this exact phenomenon in the Torah Or of our parsha. The mabul represents those obsessive thoughts and the inundating flood of challenges that wash us adrift, from one place to another. And, from the vantage point of the Teiva's deck, we learn to see above it all. From the standpoint of a Teiva sailor, it is

those same raging waters that are lifting him up, and beyond the reality in which he formerly lived. By gazing deep into the turbulent waters, one can find the reservoir from which to draw nothing less than our own G-dly source. By sailing

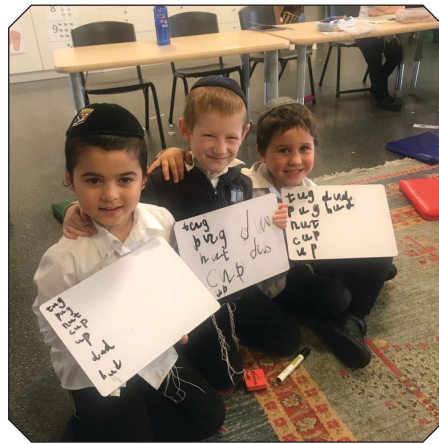
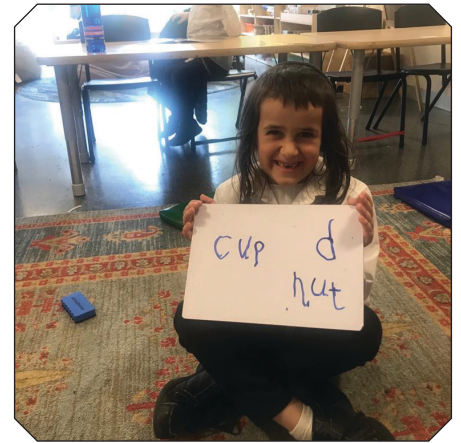
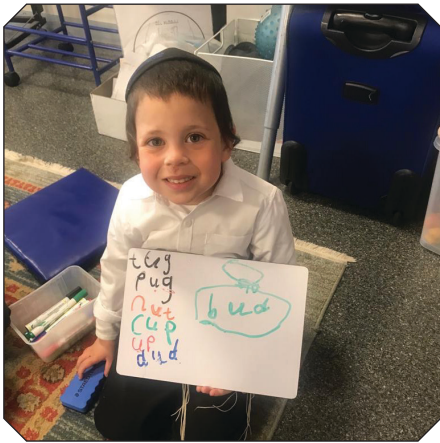


our Teiva, we can learn to ride the wave - and use it to steer us forward. The Alter Rebbe teaches that there are instances when we must accept the fact that there are demons out there that we can't control, and only through looking them deep in the eyes and identifying them for who they truly are will their demonic nature dissipate. And as a result, we will be lifted. This is the message of the

Alter Rebbe – let the tide scare you not, and instead it will ultimately help the highs of Tishrei become the highs of day-to-day routine.

**Rabbi Mendy Niazov** works as a Shliach of the Rebbe, running the Mifgash Centre in Bentleigh East. Rabbi Niazov is the proud father of one of our students in Bnos Chana.





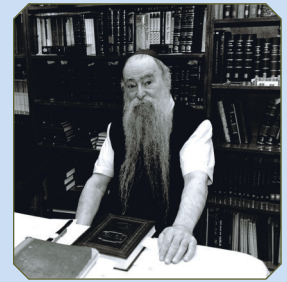
## The Rebbe On Chinuch

### Kosher animals

When a child gets older and begins to learn the shapes of letters, and is shown different shapes to make it easier to grasp the shape of the letters, efforts should be made that only tahir animals are shown. If any magazines, advertisements, and the like contain pictures of animals, especially those meant for children of chinuch age, these should be in the form of tahir animals. When the animals come to aid in Torah study, to illustrate the story in Tanach and Midrashim, and so forth, the above does not apply. Care in this area is especially important now since we are in the time of עקבתא דמשיחא which will culminate in את רוח הטומאה אעביר מן הארץ – “I will remove the spirit of impurity from the land”. Therefore, we need to prepare for the coming of Moshiach by “tasting” from what will occur in the future by influencing those around us to use only images that are to hard and holy. (Hisvaaduyos 5744, vol. 1, p. 487. "Teachings of the Rebbe on Chinuch" p.326)



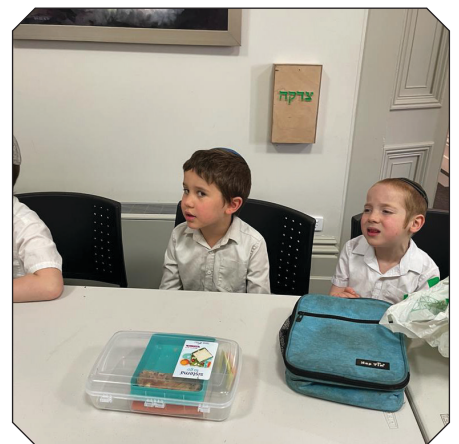
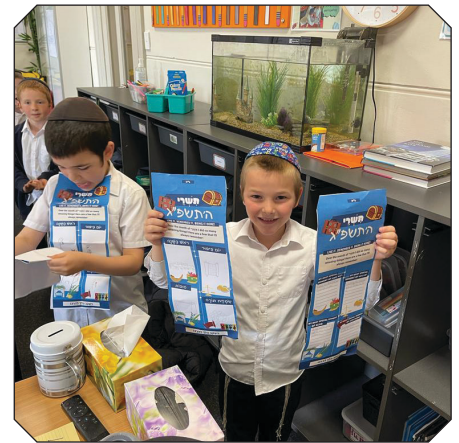
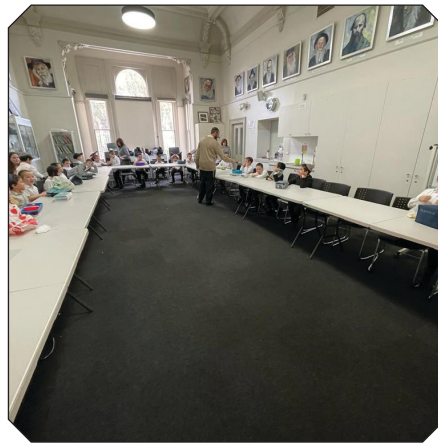
# What I learned From Reb Arel



In the confessional prayers (Al Chet) which we recite on Yom Kippur, we refer to a number of unbecoming behaviours and transgressions which we may have committed during the previous year. Curiously, one of these confessions seeks atonement regarding our evil inclination (yetzer hora). Reb Arel would often ask why we should be petitioning for forgiveness for an intrinsic aspect of our spiritual makeup for which our Creator, rather than us, should take responsibility. In resolution he would explain: the liturgy is not calling upon us to seek forgiveness for the fact that we possess an inclination to do evil, but rather because we deliberately or carelessly behave in a way which activates that inclination. According to Reb Arel, what Gd is seeking to have us apologise for and avoid in the future, is the fact that we invite the yetzer hora into our lives through the things that we think about, talk about and then do. A specific example which Reb Arel referred to in this context relates to decisions we often make to pause our davening and casually survey our surroundings. Invariably, our eyes alight on a particular person which can sometimes provoke a negative thought about their character or their behaviour. So the call to action, according to Reb Arel (using contemporary language) is the imperative to be mindful at all times, both to stay away from negativity and immerse oneself in good and productive endeavours.

















## Enhancing Achievement

By *Eli Touger*

For the past twenty-odd years, since I had first met the Rebbe, my life can be described as a pocket full of miracles," says Mr. David Chase, one of America's foremost businessmen. "And I don't mean only in my business endeavors. To the contrary, the greatest miracle of them may have been my ability to appreciate the message that the Rebbe conveys. My relationship with the Rebbe has given me and many others a sensitivity to matters which are beyond ordinary mortal understanding. For this reason, over the years, I have committed myself to advancing the Rebbe's work in many areas and to different people. "The Rebbe's directives are so far-reaching and never ending. The Rebbe himself once described his 'insatiable appetite' for ongoing Jewish activity. Perhaps it is the Rebbe's total lack of self-concern and constant devotion to the welfare of others that has motivated me to regard my Lubavitch activity as a cherished labor of love. "Once, at the annual meeting of the Machne Israel Development Fund, I told the Rebbe how pleased I was to be one of the soldiers in his army. "You are not merely a soldier," the Rebbe replied. "You are my general." "Some time later, when I came to receive a dollar on Sunday, I received a promotion; the Rebbe told me, "I regard you as a five-star general." "I consider it my pleasure and duty to help others benefit from an association with the Rebbe, just as I have benefited in both my business and private life. My activities bring me in contact with many public figures around the world, and I do not hesitate to share my experiences with the Rebbe and with his directives with Jews and non-Jews. "I often visit my native land, Poland, where I have business interests. Prior to one trip to Poland, I visited New York and asked for the Rebbe's blessing. The Rebbe handed me an additional dollar, saying: "Give this to a person in Poland who will benefit the Jewish people." "Due to my business endeavors, I have various contacts in the Polish government, and I contemplated who would be the proper recipient of the Rebbe's dollar. One day I found myself aboard a domestic flight with the newly elected President Lech Walesa. I had several contacts with Mr. Walesa in the past, and it occurred to me that I would not be able

to find a better person to whom to give the Rebbe's dollar. I approached him, handed him the dollar, and conveyed the Rebbe's message. "Mr. Walesa looked at me thoughtfully. "I sincerely hope I will be able to live up to your Rebbe's expectation." "After this encounter, my acquaintance with Mr. Walesa grew and we became quite friendly. Some time later, Mr. Walesa personally invited me to accompany him on his upcoming visit to Israel. This trip was a major breakthrough in relations between the two countries, and he felt that my inclusion in his delegation would be helpful. "Though I was not inclined to accept the invitation, I saw this as a further step in enhancing the impact of the Rebbe's influence on 'a person who will benefit the Jewish people,' and I agreed. Mr. Walesa told me he wanted to express the regret of the Polish people for their inexcusable behavior towards the Jews during World War II. "As a Holocaust survivor myself, I insisted that his statement be forthright, without minimizing the issue or covering it up with bland diplomatic wording. "Mr. Walesa surprised the Israeli government with his non-evasive statement of regret on behalf of the Polish people. Subsequently, former Prime Minister Shamir was very demanding in several points, including a change in the pro-Arab approach that had been advocated by Poland's previous Communist leaders and a cessation of arms sales to countries hostile to Israel. Despite Poland's heavy financial loss, one could almost see the Rebbe's directive at work as Mr. Walesa agreed to one concession after another. "Later, I accompanied him on a visit to the Diaspora Museum, where I pointed out the picture of the Rebbe which is displayed there. "Is this my Rebbe?" Mr. Walesa asked bowing his head in reverence. Mr. Walesa's response was striking. He was clearly impressed and moved by the Rebbe's intense gaze. He actually lowered his head as if acknowledging his leadership. "In many other instances, I have been privileged to bring the Rebbe's message to people who might otherwise not have been exposed to them. The best way we can reciprocate for the good which the Rebbe showers upon us is to express his teachings, ideals, and principles in our daily lives."

